



ASSOCIACIÓ KEEP CALM BARCELONA

# KEEP CALM PADEL AMERICANA

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Member Guide

MEMBER GUIDE

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## WHAT IT IS, AND WHO IT'S FOR

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The Americana is Keep Calm Padel's mini-tournament format - short, fast matches with rotating partners, run alongside our regular weekly Sunday sessions. It's not a serious competition. The point is to play with lots of different people, get more court time in one go than a normal session, and find your level naturally as the rounds go on.

We run two editions, identical in format, and only different in who they're for:

- **Keep Calm Padel Americana** - our long-running mixed edition, held roughly monthly on a Saturday evening.
- **Keep Calm Women's Americana** - a women-only edition, held roughly monthly on a Saturday evening.

Both are part of Keep Calm, a not-for-profit community for English speakers in Barcelona, open to adults only (18+).

## HOW THE FORMAT WORKS

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1. Play a short match on your court (typically 15 minutes).
2. At the end, the **winning pair splits up** - one moves up a court (towards Court 1), one stays.
3. The **losing pair also splits up** - one moves down a court (towards the bottom court, Court 11/12), one stays.
4. Everyone gets a new partner for the next round.

After a few rounds the courts self-regulate, so you end up playing at roughly your own level even if the first round feels uneven. Don't worry about that first round - it sorts itself out fast.

**Golden point:** when a game reaches deuce (40-40), instead of playing advantage points, a single golden point decides it. The receiving pair chooses which side to receive on, and whoever wins that point wins the game. It keeps matches quick and avoids long deuce battles eating into your rotation time.

## THE ESSENTIALS

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Both editions run exactly the same way:

- **Players:** 40 across 10 courts (4 per court)
- **Duration:** 2 hours
- **Level:** Improver and above

- **Cost:** the same for both editions, includes a ball to take home - see the event announcement for the current price
- **Sign-up:** Google Form first, then a Playtomic link emailed to you to confirm your spot, first come first served
- **After:** celebration drinks at a nearby bar

The Americana is for Improver level and above - if you're a complete beginner, this isn't the best first step. Come to our monthly [Absolute Beginners](#) sessions first, built specifically around first-timers, to get comfortable on court and integrated into the community before jumping into a tournament format.

## HOW TO JOIN

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Keep an eye on the relevant WhatsApp group (Mixed or Women's), where every edition is announced with the date, venue, price and sign-up link. Signing up is two steps:

1. Fill in the Google Form linked in the announcement. This is your actual place in the queue - spaces are limited (40 players across 10 courts) and strictly first come first served, so the earlier you fill it in, the better your chances.
2. You'll then be emailed a Playtomic link to confirm and pay for your spot. Check your inbox (and spam folder) for it.

Once an event is full, it's full - forms submitted after that point go to the waitlist instead.

Only sign up if you're sure you can attend - repeated no-shows or late cancellations affect everyone else and may result in removal from the community, per our [event rules](#).

If you have any issues with the Google Form, your Playtomic email, or signing up generally, reach out to an admin or the event organiser in the WhatsApp group and they'll sort it out.

## WHAT TO BRING

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- Padel racket, if you have one (Delfos reception has rackets available to rent if you don't - just flag it in the group in advance if you need one)
- Sportswear and proper trainers or court shoes
- Water - you'll be playing for 2 hours, so bring more than you think you need (reception also sells water if you run out)
- Your share of the court cost (posted with each event announcement)
- Good vibes - it's genuinely more about the laughs than the score

## FAQ

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**Is it competitive?** No. There are no prizes for winning, and the focus is on having fun and meeting other members. That said, playing your best makes it more fun for everyone.

**What level do I need to be?** Improver and above - the rotation naturally settles you onto a court suited to you within a few rounds, so you don't need to be spot-on, just past complete-beginner stage. If you've genuinely never played, come to our Absolute Beginners sessions first, that's the right way in and a great way to get integrated into the community before an Americana.

**Can I sign up with a friend?** Yes, but starting court assignments are based on level, so you may not start together. You'll very likely end up playing together at some point as courts mix through the rounds.

**I signed up but can't make it anymore. What do I do?** Cancel as early as possible via Playtomic so someone on the waitlist can take your place.

**What happens after?** Celebration drinks at a nearby bar. Highly recommended - it's one of the best ways to actually get to know people you just played with.

## COMMUNITY

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Keep Calm is a not-for-profit, volunteer-run community. The Americana is one of our regular events alongside weekly Sunday Padel, the Women's Padel group, and Absolute Beginners sessions. Any questions? Ask in the WhatsApp group or message the event organiser.